

## FINK Product Categories

Sorry for the length of this list – our range is vast!

We are happy to order: please note our order and delivery days to help ensure we are able to meet any particular requests.

We thrive on a challenge – if you need something that you can't see on this list please ask: we may already have it but will always try to find it for you.

All items are subject to availability, particularly during the current Corona virus emergency. To confirm availability, place orders or request further information, please email [info@thinkfink.co.uk](mailto:info@thinkfink.co.uk), or telephone 01423 324188.

		<b>Order Deadline</b>	<b>Delivery Day</b>
<b>Fruit &amp; Veg</b>	<p>We aim to stock all standard, in-season fruit &amp; veg lines including salads. Local produce in season including Spilmans asparagus April-May, and their strawberries and raspberries in the summer months.</p> <p>Fresh herbs – basil, chives, coriander, dill, mint, parsley (flat and curly) rosemary, tarragon thyme every day. Specialist herbs, large quantities, edible flowers etc, to order.</p> <p>We receive fresh stock every day either direct from Leeds Wholesale Market or local wholesalers and are happy to order more unusual items – often for next day delivery but the more notice you can give the more likely we are to be able to help!</p>	5pm Sun-Fri	Next day
<b>Dairy</b>	<p>Fresh organic milk and butter from Acorn Dairy of Archdeacon Newton, near Darlington. Milk (whole, semi-skimmed and skimmed) in 2L, 1L and 500ml plastic.</p> <p>We also Acorn milk in 1pt glass bottles. Please get in touch if you would like to use this service.</p> <p>Organic cream available to order.</p>	9am Saturday/1pm Wednesday	Monday/Thursday

		Order Deadline	Delivery Day
	Non-dairy milk alternatives – Oatly regular oat and Barista, Provamel unsweetened organic soya and Rude Health almond are always stocked, others available on request.		
	Longley Farm (Holmfirth, West Yorks): cream, yoghurt (full and zero fat, flavoured and natural), cottage cheese, cream cheese, butter. Delivery Wednesday.		
	Goats yoghurt and cheese, kefir, Greek Yoghurt, order 10am Monday, delivery Tuesday.	10am Monday	Tuesday
<b>Cheese</b>	<p>Wide selection of cheese from Yorkshire, rest of UK and Europe. We cannot cut cheese but aim to hold an excellent variety of retail packs (normally 150-250g) and waxed truckles. Varieties normally include Hawes Wensleydale (waxed truckles and 500g muslin bound), Shepherds Purse (Thirsk) Yorkshire/Harrogate Blues, Mrs Bells Blue, Bluemin White and Yorkshire Fettle, Barncliffe Brie (West Yorks), mature Cheddar from Somerset and Snowdonia Black Bomber, Greek barrel-aged Feta, Spanish Manchego, Halloumi, Camembert wheels, Parmesan. Orders for other specialist cheeses from Europe and UK very welcome. Delivery Thursday.</p> <p>We also aim to hold a selection of non-cow's milk (goat/sheep) and vegan cheeses.</p>	Midday Monday	Thursday
<b>Bread, crisps, snacks</b>	<p>Fresh artisan bread deliveries from Amos &amp; Welsh of Shipton by Beningborough every Tuesday/Thursday/Friday, pastries on Saturday.</p> <p>Frozen gluten free bread – sliced white and oated cobs.</p> <p>Packaged pitta and naan breads usually available</p> <p>Range of salted snack products – crisps, chips and nuts</p>		
<b>Fish &amp; shellfish</b>	Fresh fish from Ramus of Harrogate "Catch of the Day" range. We will always aim to stock salmon portions, one white fish and smoked haddock. Other options include seabass, cod, halibut, hake, turbot, Dover sole, breaded cod, fresh tiger prawns, scallop meat.	5pm Wednesday	Thursday

		<b>Order Deadline</b>	<b>Delivery Day</b>
	We usually receive our fish every Thursday. We can arrange deliveries Tuesday-Saturday but these may incur an additional charge.		
	Smoked fish from Staal Smokehouse, Long Riston, East Yorks: smoked or oak roast salmon, oak roast trout, smoked chicken and duck breast (yes, we know they're not fish!) stocked routinely. Whole traditional kippers, smoked mackerel, smoked haddock available to order.  Staal orders are normally placed once a fortnight.	5pm Saturday	Friday
	Mackenzies Smokehouse (Blubberhouses) – smoked mackerel, trout, kipper fillets.	10am Monday	Wednesday
<b>Sausages, bacon, meat products</b>	We do not sell any fresh meat but do offer the following processed products:		
	Fresh sausages from Masham Sausages of Melmerby Ripon. Traditional (prepack of 6) and thin chipolatas (prepack of 9) available every week, other varieties to order.	8am Thursday	Friday
	Bacon: prepacked British back bacon – smoked and dry-cured available	8am Thursday	Friday
	Bacon: prepacked British streaky: from Mackenzies Smokehouse – smoked and dry-cured available, to order only	10am Monday	Wednesday
	Prepacked diced pancetta		
	Smoked Chicken breasts from Mackenzies Smokehouse		
	Salami, chorizo etc: Spanish cooking chorizo, sliced and whole chorizo and salami.	10am Monday	Wednesday
	Ham: prepacked Yorkshire ham and smoked Yorkshire ham from Mackenzies Smokehouse	10am Monday	Wednesday
	Sliced Parma ham	10am Monday	Wednesday
<b>Pates, dips etc</b>	Findlaters fresh chilled pates and luxury coleslaw (pate varieties include mushroom, stilton & pear, chicken liver, duck with plum, mackerel, smoked salmon, crab – others available on request)	10am Monday	Friday
	Fresh houmous from Little Herb Company	Midday Wednesday	Thursday
	Other dips and fresh antipasto items (grilled artichokes, stuffed peppers,		

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	guacamole etc) usually available.		
	Long life jarred French pates		
<b>Fresh soups</b>	From Yorkshire Provender: we normally have a good selection of vegetable, chicken-based and meat/dairy free soups according to availability	Monday	Wednesday & Thursday
<b>Puddings</b>	“Sticky” sponge puddings (fantastic!) from Burtree Puddings near Darlington: sticky toffee, chocolate, lemon, marmalade, ginger. These are fabulous, just need warming, have a long shelf life in the fridge and can be frozen.		
	Ice cream: Yorevale near York, 500ml tubs, vanilla and 1-2 other varieties. Also non-dairy from Booja Booja		
	Fruit yoghurts from Longley Farm		
<b>Dry goods, larder items</b>			
	Wide range of flour (including gluten free), baking powder, yeast etc		
	Pasta and rice, everyday in bulk dispensers, specialist prepacks. Gluten free options available.		
	Cereals etc: oats/jumbo oats from J Stringer & Son of East Yorks. Porridge oats are in bulk dispensers, jumbo oats are pre-packs. Muesli – “everyday” on bulk dispense, plus Country Products prepacks. Granola from Yockenthwaite Farm in Upper Wharfedale.		
	Dried fruit: sultanas, raisins/Lexia raisins, currants, mixed fruit, dates, prunes, apricots, cranberries, fruit salad. Glace cherries (natural, red, gold, green, mixed peel, angelica.		
	Nuts & seeds: prepacked almonds (whole, ground, flaked), walnuts, hazelnuts, pistachios etc., sesame, pumpkin, sunflower, linseeds.		
	Beans/pulses/grains: selection of dried lentils, soup mix, pearl barley, buckwheat, quinoa, couscous, bulgar wheat, freekeh etc., chickpeas. Other dried beans can be obtained on request.		
	Canned goods: chopped, plum and San Marzano plum tomatoes, wide selection of beans (haricot, kidney, cannellini, mixed etc.), organic baked beans. Also jars of passata and gourmet Spanish cooked beans.		
	Herbs & spices: huge range of dried herbs, spices, mixes and blends. We are more likely to stock what you need than not, or be able to get it – call to		

		Order Deadline	Delivery Day
	confirm.		
<b>Oils &amp; Vinegars</b>	Italian & Greek olive oils  Infused olive oils – garlic/lemon/chilli/truffle etc.  Local Aldborough cold-pressed rapeseed oil sold on-tap.  Specialist oils e.g. walnut, hazelnut, avocado, sesame.		
	Red and white wine, and cider vinegars.  Balsamic vinegars – everyday and premium aged varieties.  Chinese rice vinegar and mirin.		
<b>Jams, chutneys, preserves</b>	Jams/chutneys from Mercers and Rosebud (Yorkshire) and Mrs Darlington (Cheshire)		
<b>Olives, antipasto</b>	Jarred/chilled olives, olive pate, roast peppers, chillies, capers, preserved lemons		
<b>Savoury sauces</b>	From Stokes, Atkins & Potts. Lea & Perrins/Hendersons. Chilli sauces.		
<b>Stocks, cooking sauces</b>	Long life “fresh” stock (beef, chicken, fish) from Atkins& Potts and Potts Partnership. Traditional pour-over accompaniments from Atkins & Potts.  Premium pasta sauces and pestos made in Italy.  Curry sauces from Curry Sauce Company		
<b>Oriental sauces &amp; ingredients</b>	E.g. soy, tamari, wasabi, black bean, fish sauce etc.		
<b>Teas, coffees</b>	Taylor's Yorkshire loose leaf and tea bags sold loose. Also loose leaf green tea.		
	Selection of bagged specialist herbal and fruit teas from Clipper, Twinings, Pukka, Heath & Heather and Steenberg's. Other teas available to order.		
	5 grades of roast coffee beans available, sold loose, ground if required.		
<b>Soft drinks</b>	Cawston Press pressed juices. Eager “not from concentrate” orange juice. Local apple juice from Hushwaite near Thirsk.		
	Belvoir cordials		

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	Fentimans ginger beer and rose lemonade		
	Tomato, carrot, prune juice, Big Tom spiced tomato juice.		
<b>Alcoholic drinks</b>	Selection of bottled beers from Yorkshire brewers. Small selection of mid-priced wines selected by Nick Chadwick at WineArray. Masons Yorkshire Gin.		
<b>Chocolate &amp; Confectionery</b>	<p>Large selection of premium chocolate truffles and pralines from Lauenstein of Germany, boxed chocolate and confectionery gifts from Europe and the UK. Chocolate bars from Green &amp; Blacks, Dolfin (Belgium), Vilars (Switzerland) and other specialist suppliers.</p> <p>Gluten and dairy free options available.</p>		

## HOME & NATURE PRODUCT LIST

This summary only covers our basic ranges. Please do ask if there is anything else you require.

If we don't stock something we may be able to order it in.

If you would like to know prices please direct message us via facebook/messenger or phone: 01423

324188 – leave a message if we are unable to pick up and we will get back to you asap.

### Laundry & Household Products

#### Bio D:

Concentrated Non-biological Laundry Liquid: 1L or refill

Fabric Conditioner: 1L or refill

Washing-up liquid: 750ml or refill

Multi-purpose sanitiser spray: 500ml

Multi-purpose sanitiser – concentrate: 750ml or refill

Bathroom cleaner spray: 500ml or refill

Glass & Mirror cleaner spray: 500ml or refill

Toilet cleaner: 750ml or 5L

#### Ecoleaf by SUMA:

Concentrated Washing Powder: 1K or 2K

Dishwasher Tablets: 25 or 70 tablets

#### Ecover:

Non-biological Laundry Liquid: 1.5 L or refill

Fabric Conditioner: 750ml or refill

Washing-up liquid: 450ml or refill

Laundry delicates: 750ml or refill

Toilet cleaner (pine/mint): 750ml or 5L

Cream cleaner: 500ml

### Personal Care

#### Faith in Nature:

Shampoo and conditioner 400ml or refill

- Aloe Vera, Coconut, Lavender & geranium, Tea tree

Body Wash 400ml or refill

- Coconut

Unwrapped Soaps:

- Hemp, Rosemary

#### Alter/Native by SUMA:

Shampoo and conditioner 400ml or refill

- Patchouli & Sandalwood, Pink grapefruit, Fragrance free

Body Wash 400ml or refill

- Patchouli & Sandalwood, Pink grapefruit, Lavender & Geranium, Tea Tree & Aloe Vera

#### Cosy Cottage

Shampoo & Conditioner Bars

#### Earth Conscious

Plastic free deodorant sticks:

- Fragrance Free, Grapefruit, Lavender & Tea Tree

#### Friendly Soap Company

Shampoo and conditioner bars:

- Lavender & Geranium, Lavender & Tea Tree

Shaving Bar

#### Environmental Company

Toothbrushes: Soft, Medium, Child

#### Bio D

Sanitising Handwash: 500ml or refill

- fragrance free, lime & aloe vera, geranium, Rosemary & Thyme